

Eucharist Song

Words and Music by Jane Mitchell

Gathering with those who were your own you prayed;
knowing that your time had come.
Taking up the bread then blessed and broken,
Just/like your life, you shared with all and said,

Take this, all of you, and eat it:
this is my body which is given up for you.
Take this all of you and eat it,
You are my friends, I show my love for you

When the supper ended you took the cup
The cup that was filled with wine
You gave thanks and praise for the father's goodness
You passed the cup to all your friends and said

Take this all of you and drink from it
This is my blood, my covenant with you
Take this all of you and drink it
Remember me whenever this you do

Gather all who share in this one cup, one bread
This sacrifice that gives us life
Through your Holy Spirit may we rise as one
A living sacrifice of joy and praise!

Take this, all of you, and eat it:
this is my body which is given up for you.
Take this all of you and drink it
Remember me whenever this you do
Remember me whenever this you do